

Who is the Mustard Seed?

The Mustard Seed is a Christian community for adults with developmental disabilities. Founded in 1981 to meet the spiritual, physical, emotional, and intellectual needs of adults with special needs, The Mustard Seed provides a loving and protected environment with meaningful activities which allow the "Seedsters" to fulfill the potential God has created within them.

Why do we need your support?

The Mustard Seed is a §501(c)(3) charitable organization and by choice does not receive any government funding. In addition to Seedsters' monthly tuition and gift shop sales, support relies on individuals, corporations, foundations, churches, and others who believe in our mission.

What is a Duathlon?

Racin for the Seed is a 5K run/walk followed by a 14.6 mile bike and a 1 mile run/walk. Participants can register as an individual or relay team for the Duathlon or as an individual for the 5K.

Check out the website to learn more

www.racinfortheseed.com

www.mustardseedinc.org



Mail registration form and payment to:

The Mustard Seed, Inc. • 1085 Luckney Road • Brandon, MS 39047

Racin' for the Seed

Mustard Seed Duathlon and 5K



RACE REGISTRATION

April 8, 2017

8:00am at Lakeshore Park

A CHARITY RACE BENEFITTING

THE MUSTARD SEED

IN FLOWOOD, MS

Race Registration



Racin' for the Seed Race Registration Form 2017

SPONSORSHIP OPPORTUNITIES

- Root Sponsor \$10,000
- Leaf Sponsor \$1,000
- Tree Sponsor \$5,000
- Bud Sponsor \$500
- Branch Sponsor \$2,500
- Seed Sponsor \$250

To learn more about sponsorship opportunities, please visit RACINFORTHESEED.COM or contact Mandy at (601)992-3556 or mandy@mustardseedinc.org.

A FEW THINGS TO REMEMBER

- 1 Strollers welcome!
- 2 If you are registered as a "walker," please do not run.
- 3 Participants will be disqualified for not wearing helmets.
- 4 No bikes are allowed to leave transition until the last bike is back in transition.
- 5 To view maps of the race courses, you can visit racinfortheseed.com.

Volunteer opportunities are available both before and on the day of the race. Volunteer credit can be issued. Please contact Erin at erin@mustardseedinc.org for more info.

INDIVIDUAL / TEAM INFO

First Name Middle Initial Last Name

Email

Phone

Mailing Address

City State Zip

Gender Date of Birth Age on April 8, 2017

Emergency Contact's Name and Phone Number

How many years have you competed in Racin' for the Seed?
 This is my first year! 1 Year 2 Years 3 Years

T-SHIRT SIZE You will receive your T-shirt at "Packet Pick-up."

- Adult Small Adult X-Large
 Adult Medium Adult XX-Large
 Adult Large

ADDITIONAL T-SHIRTS \$10

Please list quantities and sizes here.

I AM REGISTERING FOR THE...

- Couch Runner (\$25) Shipping of packet available upon request (\$5)
 5K Walk (\$30)
 5K Run (\$30)
 Duathlon as an Individual (\$50)
 Duathlon as a Relay Team Captain (\$80)
 Duathlon as a Relay Team Member (my captain will pay)

If registering as a Relay Team, how many members are on your team? 2 3

If registering as a Relay Team, what is your Team Name?

If registering as part of a Sponsorship, what is your Registration Code?



By registering for Racin' for the Seed 2017, I am giving The Mustard Seed permission to publicize any event photos containing my image.

PACKET PICK-UP

April 6th | 11am-5pm | Mustard Seed Gift Shop
April 7th | 11am-7pm | Mustard Seed Gift Shop
April 8th | 6:30am-7:45am | Lakeshore Park

ALL REGISTRATION FEES ARE NON-REFUNDABLE.

Checks made payable to: The Mustard Seed, Inc.
Credit Cards accepted online at RACINFORTHESEED.COM
or by calling our office at (601) 992-3556.
Registrations the day of the race will be \$15 more per event.

Accident Waiver and Release of Liability

I acknowledge that Racin' for the Seed may be an extreme test of my physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials and event monitors, and/or producers of the event and lack of hydration. These risks are not only inherent to athletes but are also present for volunteers.

I hereby assume all of the risks of participating and/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.

I certify that I am physically fit, have sufficiently trained to be a participant in the event and have not been advised otherwise by any qualified medical person.

I acknowledge that this Accident Waiver and Release of Liability form will be used by the sponsors and organizers of Racin' for the Seed and that it will govern my actions and responsibilities at said event.

In consideration of my application and permitting me to participate in this event, I for myself, my executors, administrators, heirs, next of kin, successors, and assigns: (A) waive, release and discharge The Mustard Seed, its owners, directors, officers, employees, volunteers, agents, event holders, event promoters, event sponsors, event volunteers, event permit grantors, event property owners and event participants, from any and all liability for my death, disability, personal injury, property damage, property theft, lost income or any otherwise losses, costs or actions of any kind which hereafter may accrue to me by virtue of my training for this event, my participation in this event or my travel to or from this event; (B) indemnify and hold harmless the entities and persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during this event.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and or illness during this event.

I understand that at this event or related activities, I may be photographed and agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and/or their assigns.

Name (please print) _____

Signature _____ Date _____